Dear Patient,

Thank you for your interest in scheduling a gender affirmation surgery with us. We are happy to assist you through the process.

Before we can schedule your consultation, our office and insurance companies require several criteria to be met. These requirements are based on the Standard of Care published by the World Professional Association for Transgender Health (WPATH). **Please note that individual insurance companies may have additional requirements that extend beyond this list,** but meeting these criteria helps ensure that your consultation and insurance submission can proceed as smoothly as possible.

Prior to scheduling your consultation for gender affirmation top surgery, you must obtain:

- A clinical diagnosis of gender dysphoria, transsexualism, or gender identity disorder
- One letter of referral from a licensed mental health professional. The letter must include:
    - Your general identifying characteristics (name, date of birth);
    - Results of your psychosocial assessment, including any diagnoses;
    - The duration of the mental health professional's relationship with you, including the type of evaluation and therapy to date;
    - A statement about the fact that informed consent has been obtained from you;
    - A statement that the referring health professional has reviewed the WPATH Standards of Care section "Tasks Related to Assessment and Referral," and
    - A statement that the referring health professional is available for coordination of care and welcomes a phone call to establish this.

Jessica Wang, MD
Plastic Surgeon

Once you have obtained the required documentation, please email them to our office (info@columbiaaesthetic.com), so we can review your information and assist you with scheduling your consultation.

Once we have received all the necessary documentation, we will contact you for an appointment. Thank you!